

## **Needed Food Items**

Canned Vegetables and Fruit  
Peanut Butter (plastic containers best)  
Jelly or Jam (plastic containers best)  
Canned Meats (tuna, chicken)  
Canned Soup  
Spaghetti Sauce (like: Hunts 26 oz can)

Macaroni and Cheese  
Cereal and Oatmeal  
Canned Beans  
Pasta and Rice  
Coffee or Tea

## **Needed Hygiene Items**

Shampoo & Conditioner  
Deodorant  
Feminine Products (pads)  
Diapers – all sizes  
Tooth paste  
Razors & Shaving Cream

Bar soap  
Toilet paper  
Combs  
Baby wipes  
Tooth brush

## **Needed Food 4 Kids Items**

Macaroni and Cheese (boxed)  
Instant Oatmeal (single serve)  
Ramen Dry Noodle Soup packets  
Snack Bars (cereal bars, granola bars, etc.)  
Crackers (filled with peanut butter or cheese)  
Canned Pasta, (Spaghettios, Ravioli, Beefaroni, etc.)  
Canned Meat (tuna, Vienna sausages, chicken, etc.)  
Snacks (pretzels, cookies, raisins – all single servings)  
Peanut Butter & Jelly (separate, plastic containers)

Fruit Cups (lunch box size)  
Pop Tarts  
Pudding Cups (lunch box size)

Note: please no candy