



## FRS Financial Planning Online Workshops

Want to get smarter about your financial health, but don't have a lot of time to spare? Good news! The FRS offers free financial planning workshop webcasts for FRS-covered employees that you can attend right from your desk or in person. Below is the schedule for 2023. You may attend as many workshops as you wish; however, you must register separately for each workshop.

### Register by phone:

1-866-446-9377, Option 2 (TRS 711)

### Register Online:

- Go to the workshop calendar at [https://myfrs.com/WorkshopCalendar.htm#\\_employee](https://myfrs.com/WorkshopCalendar.htm#_employee).
- Locate the employee workshop you want to attend (in-person or via Zoom), then register.
- You will receive a confirmation email after registration. Zoom registrants will also receive a reminder email the day prior to the webinar date.

Employees in the Tallahassee area can attend the workshops in person at the State Board of Administration, 1801 Hermitage Boulevard, Tallahassee, FL 32308.

January 30	Using the FRS to Plan for Your Retirement	10:00 a.m. to Noon
January 30	Income Tax Planning: Smart Planning for Your Taxes	1:00 to 3:00 p.m.
January 31	Taking Control of Your Finances (90 minutes)	10:00 a.m. to Noon
January 31	New Employee Retirement Plan Choice	1:00 to 3:00 p.m.
April 3	Using the FRS to Plan for Your Retirement	10:00 a.m. to Noon
April 3	Using the FRS to Plan for Your Retirement ( <b>SPANISH</b> )	1:00 to 3:00 p.m.
April 4	Protecting Yourself and Your Loved Ones	10:00 a.m. to Noon
April 4	New Employee Retirement Plan Choice ( <b>SPANISH</b> )	1:00 to 3:00 p.m.
July 6	Taking Control of Your Finances (60 minutes)	10:00 a.m. to Noon
July 6	Investment Planning	1:00 to 3:00 p.m.
July 7	Education Planning	10:00 a.m. to Noon
July 7	Understanding the FRS Investment Plan	1:00 to 3:00 p.m.
October 2	Social Security and Your Retirement	10:00 a.m. to Noon
October 2	Understanding Your Benefits under the FRS Pension Plan	1:00 to 3:00 p.m.
October 3	Nearing Retirement in the FRS	10:00 a.m. to Noon
October 3	Group Health Insurance (state employees only)	1:00 to 3:00 p.m.

ALL TIMES ARE ET