

# Setting Up Your Quest Health & Wellness Account

*Note: Quest Diagnostic Health and Wellness is a different division than Quest Diagnostic Patient Service Center.*

Visit **my.questforhealth.com**



Health & Wellness

Secure | <https://my.questforhealth.com/mobile/welcome/home>



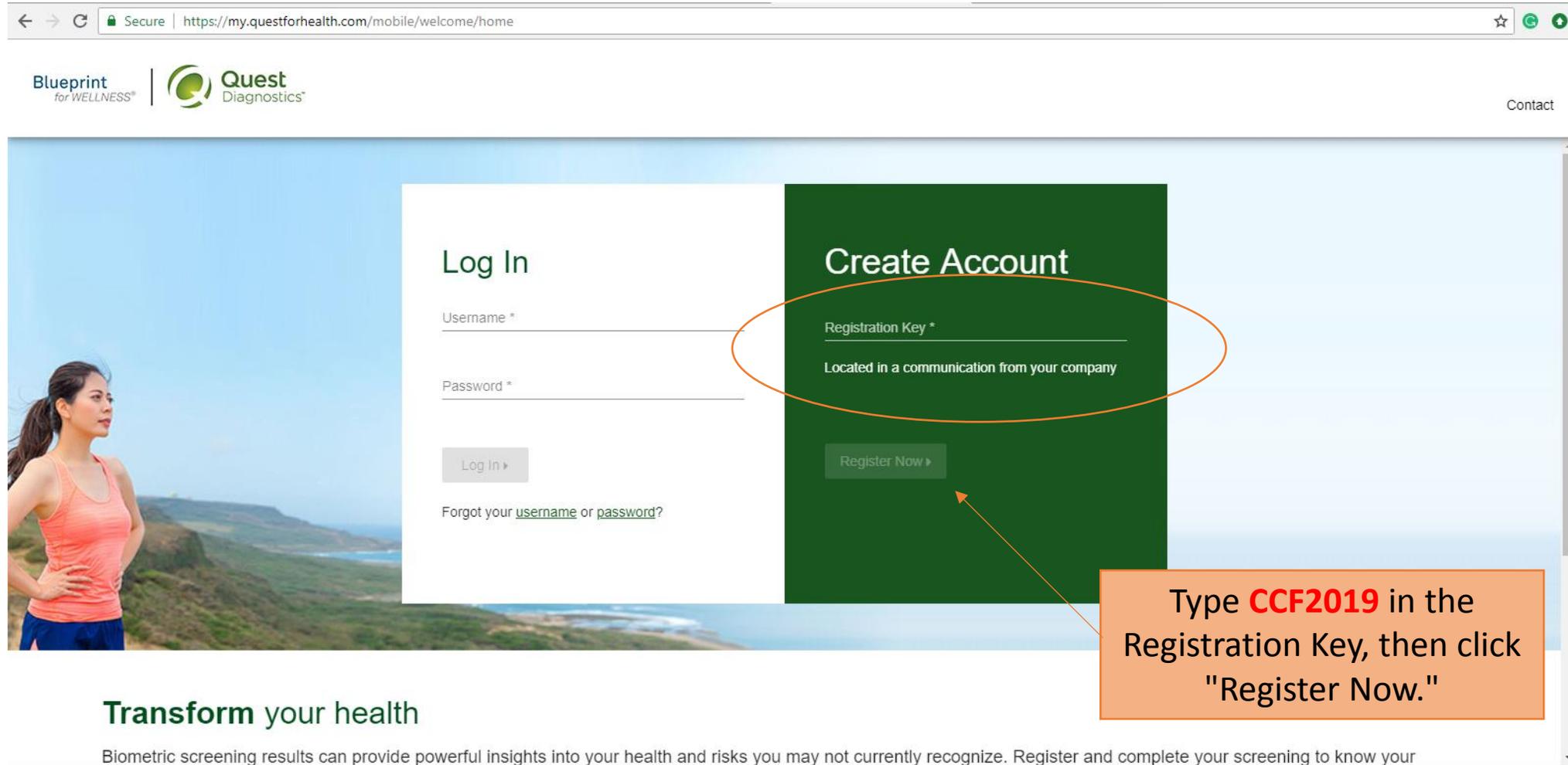
Contact

The screenshot shows a mobile web page with a light blue background and a woman in a pink tank top on the left. The main content is divided into two columns. The left column is white and titled "Log In", containing fields for "Username \*" and "Password \*", a "Log In ▶" button, and a link "Forgot your [username](#) or [password](#)?". The right column is dark green and titled "Create Account", containing a "Registration Key \*" field, the text "Located in a communication from your company", and a "Register Now ▶" button.

## Transform your health

Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. Register and complete your screening to know your

# Enter **CCF2019** as the Registration



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## Log In

Username \*

Password \*

Log In >

Forgot your [username](#) or [password](#)?

## Create Account

Registration Key \*

Located in a communication from your company

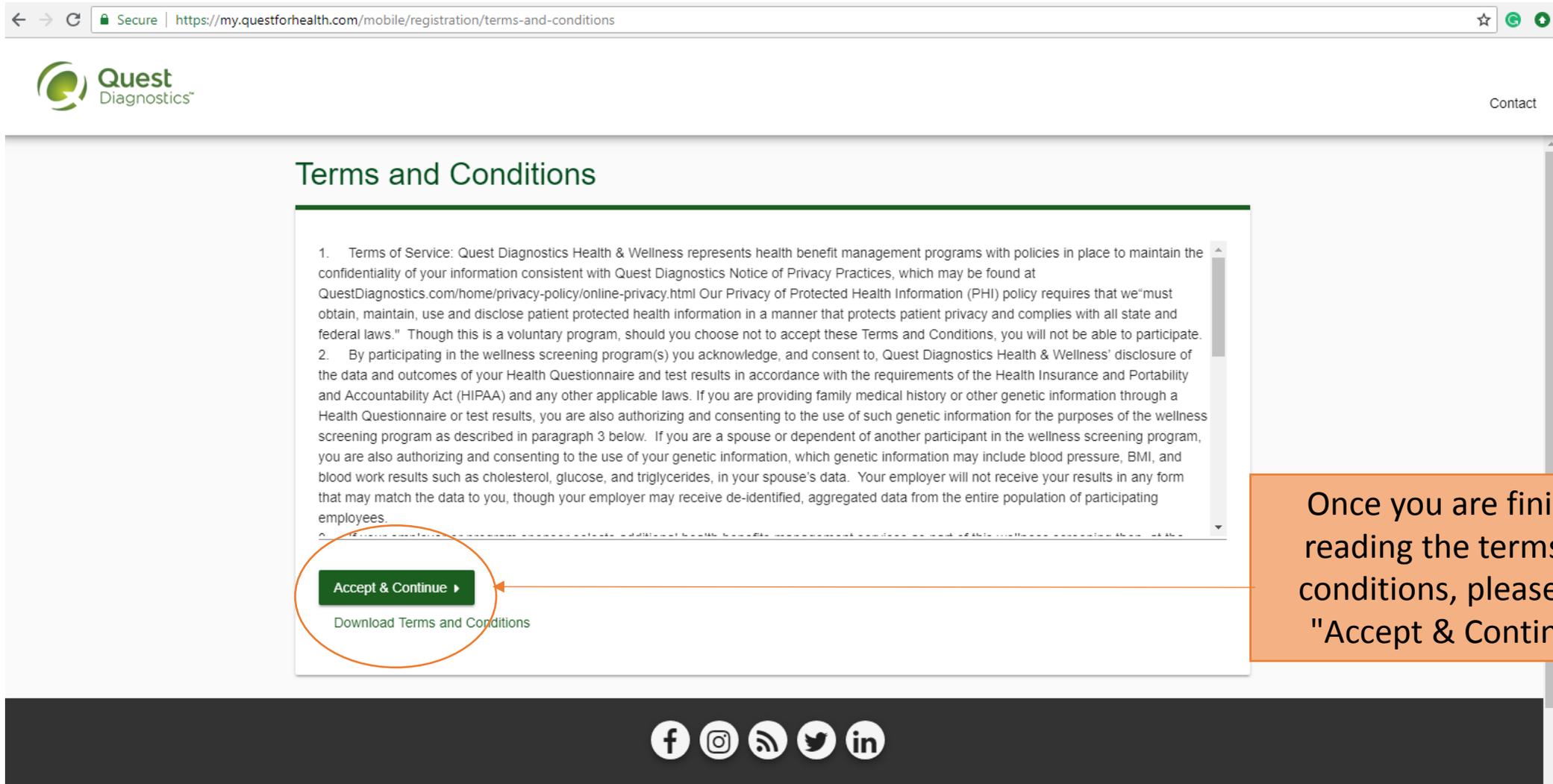
Register Now >

Type **CCF2019** in the Registration Key, then click "Register Now."

### Transform your health

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# Read Terms and Conditions and Accept



The screenshot shows a web browser window with the URL <https://my.questforhealth.com/mobile/registration/terms-and-conditions>. The page title is "Terms and Conditions". The content includes two numbered paragraphs of text. Below the text, there is a green button labeled "Accept & Continue" with a right-pointing arrow, and a link labeled "Download Terms and Conditions". An orange circle highlights the "Accept & Continue" button, and an orange arrow points from a text box on the right to this button. At the bottom of the page, there are social media icons for Facebook, Instagram, RSS, Twitter, and LinkedIn.

1. Terms of Service: Quest Diagnostics Health & Wellness represents health benefit management programs with policies in place to maintain the confidentiality of your information consistent with Quest Diagnostics Notice of Privacy Practices, which may be found at [QuestDiagnostics.com/home/privacy-policy/online-privacy.html](https://my.questforhealth.com/home/privacy-policy/online-privacy.html) Our Privacy of Protected Health Information (PHI) policy requires that we "must obtain, maintain, use and disclose patient protected health information in a manner that protects patient privacy and complies with all state and federal laws." Though this is a voluntary program, should you choose not to accept these Terms and Conditions, you will not be able to participate.

2. By participating in the wellness screening program(s) you acknowledge, and consent to, Quest Diagnostics Health & Wellness' disclosure of the data and outcomes of your Health Questionnaire and test results in accordance with the requirements of the Health Insurance and Portability and Accountability Act (HIPAA) and any other applicable laws. If you are providing family medical history or other genetic information through a Health Questionnaire or test results, you are also authorizing and consenting to the use of such genetic information for the purposes of the wellness screening program as described in paragraph 3 below. If you are a spouse or dependent of another participant in the wellness screening program, you are also authorizing and consenting to the use of your genetic information, which genetic information may include blood pressure, BMI, and blood work results such as cholesterol, glucose, and triglycerides, in your spouse's data. Your employer will not receive your results in any form that may match the data to you, though your employer may receive de-identified, aggregated data from the entire population of participating employees.

[Accept & Continue](#)

[Download Terms and Conditions](#)

Contact

Facebook Instagram RSS Twitter LinkedIn

Once you are finished reading the terms and conditions, please click "Accept & Continue."

# Confirming Eligibility



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**Step 1:** Let's say John Q. Sample's date of birth is May 23, 1968.

For the 17-digit Uid, enter **12345878805231968**

Why this 17-digit number?

His member ID is 123458788.

His date of birth without dashes is 05231968.

1 Confirm Your Eligibility 2 Create Account 3 Enter Your Information

## Confirm Your Eligibility

Please enter your Unique ID and date of birth. Your Florida Blue Unique ID is the first 8 numerical digits found on your Florida Blue Member ID Card and your date of birth as MMDDYYYY (ex. Member Card 12345678, DOB 1/7/1965 = 1234567801071965).

Uid \* Birth Date \*  
Example: 01/25/1980

Relation \*  
Employee

Continue ▶

**Step 2:** John Q. Sample would enter his date of birth again here: 05/23/1968



Contact

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Language Assistance / Non-Discrimination Notice | Asistencia de Idiomas / Aviso de no Discriminación | 语言援助/不歧视通知

**Step 3:** Click "Continue" button to create your account.

# Complete Quest Account Page



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Secure | https://my.questforhealth.com/mobile/participant/my-account



Hello, [User Name]

[Dashboard](#) [My Account](#) [Contact](#) [Log Off](#)

## My Account

### Enter Your Information

First Name

Last Name

Birth Date  Gender \*  Phone \*

Example: 01/25/1980

Email Address \*

### Mailing Address

Address Line 1 \*

Address Line 2

Country \*  City \*  State \*  Postal Code \*

United States FL - Florida

**Step 1: Fill out your information**

**Step 2: Click "Save."**

# Making your Quest Appointment



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## Why You Should Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health.



## Wellness Screening

To get started, select an appointment method below.

### At a Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening ▶

Step 1: Click "Schedule a Screening."

Step 2: Enter your zip code and click "search."  
Step 3: Look through the list and find your preferred Quest location. Click "select."

# Making your Quest Appointment



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The screenshot shows a web browser window with the URL <https://my.questforhealth.com/mobile/participant/schedule/patient-service-center/datetime>. The page header includes the Quest Diagnostics logo and navigation links: "Schedule an Appointment", "My Account", "Contact", and "Log Off". The main content area has a "Location" section with a "Change" button and a green checkmark. Below it is the "Date & Time" section, which is circled in orange. It contains two dropdown menus: "Choose a date" with the value "08/28/2018" and "Choose a time" with the value "7:30 AM". At the bottom of this section are "Continue" and "Back" buttons. Below the "Date & Time" section is a grey bar with the text "Review & Confirm".

Step 4: Choose your date and time and click "Confirm."

Step 5: Review the information and click "Confirm" again.

The screenshot shows a web browser window with the URL <https://my.questforhealth.com/mobile/participant/schedule/patient-service-center/verify>. The page header is identical to the previous screenshot. The main content area shows the "Location" and "Date & Time" sections, both with "Change" buttons and green checkmarks. Below these is the "Review & Confirm" section, which is circled in orange. It contains a "Confirm" button and a "Cancel" button. Below the buttons is the text: "Your appointment is not scheduled until you click confirm." At the bottom of the page is a social media footer with icons for Facebook, Instagram, YouTube, Twitter, and LinkedIn.

# Making your Quest Appointment



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Secure | <https://my.questforhealth.com/mobile/participant/schedule/patient-service-center/confirmation>

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Florida Blue BetterYou

Hello, [User Name]

Dashboard My Account Contact Log Off

## Thank you, [User Name]

Your wellness screening has been scheduled at the below Patient Service Center.

### At a Patient Service Center

Quest Diagnostics  
Lake Mary  
2500 West Lake Mary Boulevard  
Suite 108  
Lake Mary, FL 32746-3501

Tuesday, Aug 28, 2018  
8:30 AM

**More Location Information**  
IN LAKE MARY CITY CENTRE.

[Back to Dashboard ▶](#)

### Prepare For Your Appointment

- Drink plenty of water prior to your appointment
- Continue to take all medications as prescribed by your healthcare provider
- Do not eat or drink anything, except water, for 9-12 hours prior to the blood test

For questions, contact the Health & Wellness Service Center: 855.623.9355

### Additional Information

**Important!**  
Please note what you need to do in preparation for your appointment.

# Results

- You can expect your results electronically in 3-5 business days.
- You should receive a confirmation email when they are ready.
- You can also visit [my.questforhealth.com](https://my.questforhealth.com) and login to see your results.
- A paper copy of your results will be mailed to your home address within 2-3 weeks.



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A screenshot of a mobile web browser displaying the Quest Diagnostics participant dashboard. The browser's address bar shows the URL 'https://my.questforhealth.com/mobile/participant/dashboard'. The page header includes the 'Blueprint for WELLNESS' logo, the Quest Diagnostics logo, and the 'BetterYou' logo. Navigation links for 'Dashboard', 'My Account', 'Contact', and 'Log Off' are visible. The main content area features a 'Results' section with a photo of a man on a bicycle and a 'View your results now.' prompt with a 'View Your Results' button. Below this is a 'Transform your health' section with a video player showing a man in a hard hat and a 'Tell Us Your Story' button. The footer contains social media icons for Facebook, Instagram, RSS, Twitter, and LinkedIn.