

Summer 2023

I. Course Information

Course Title: PSY 2012

Section 40

Credit Hours: 3

Meeting Day & Time: Tuesday 10-11:50

Course Location: CF Citrus campus

Meeting Dates: May 15th-June 26th

Instructor Name: Dr. Bowman

Office Location: Faculty office

Office Hours: 9:30- 10am

Telephone No.: 352-873-5800

Email: bowmans@cf.edu

Extended Emergency Closure

For emergency campus closings (natural disasters, etc.) call 352-291-4499 or 800-831-9244 or check our [website](#) (CF.edu).

II. Course Description

This course is an overview of major topics in modern psychology, the scientific study of behavior, and mental processes. As an introductory course in the field of psychology, it introduces some of the fundamental concepts, principles, and theories on the complexity of human behavior. You do not need to have any background in psychology to learn and succeed in this course!

Required Text Title: free open educational
resource textbook

:

<https://openstax.org/details/books/psychology-2e> Links to an external site.

III. Student Learning Outcomes/Course Objectives

Course Objectives & Goals

- Understand psychology as a science including research methodologies.
- Explain the biological bases of behavior including states of consciousness, health, and stress.
- Discuss learning theory: classical conditioning, operant conditioning, and social learning.
- Explain the cognitive perspective including memory, thinking, and intelligence.
- Describe motivational theories and understand emotions.
- Explain personality using psychodynamic and trait theories.
- Be aware of social psychological issues including conformity, obedience, and prejudice.
- Describe human development in terms of physical, cognitive, and psychosocial changes.
- Understand abnormal behavior and describe the major approaches to therapy.

IV. Assessment

Grading will be assessed with attendance, testing, discussion board posts, and a paper.

Quizzes 30% 1 Paper 30% Discussion posts 30% Attendance 10%

Quizzes/Tests will be on Canvas, due by Thursday at 11:59pm.

Discussion board posts will be on Canvas and are due Thursday at 11:59pm.

Paper: A three-page, APA paper will be required for this course.

Requirements- APA citation is required. CF has a plagiarism policy (see handbook). Students will use their textbook and 2 additional sources (total of 3)

Must include a title and reference page. These are not part of the 3 pages written.

The purpose of this paper is to look at stress, stressors, and what to do next.

You will use chapter 14 of your textbook and one other resource. These other resources do need to be scholarly. (look at our library and Google Scholar)

This paper will use APA formatting and APA citations. (Spielman, 2020)

Papers contain an introduction, a body, and a conclusion. Also needed is a reference page including our text and the second resource used.

This paper will be 2 pages of written work. It will also contain a title page and a reference page. This is a total of 4 pages.

Rubric:

Stress and fight or flight 25 points

Scale and discussion 25 points

Coping strategies 25 points

APA citing, proper writing including introduction, conclusion, and a reference page 25 points.

Attendance: You are required to attend all class meetings Non-attendance does not constitute withdrawal from this course. It is your responsibility to complete the withdrawal forms by the appropriate date. Attendance accounts for 10% of your final grade.

For the complete grading scale, see the current CF catalog.

Make-up policy

No make-up work will be given unless there is an emergency or if I have given you prior approval. In such an event, you must notify me before the exam or item is due unless the emergency prohibits it. You might be asked to bring proof of the emergency. A make-up exam must be taken within one week of the original exam date unless the emergency prohibits it. While you do not need to disclose personal details, let me know as soon as possible if something is preventing you from participating online or completing work.

V. Course Schedule/Outline

See below. Course will include lecture, classroom activities, and online assignments via Canvas.

Week	Preparation, Activities and Evaluation		
Week 1 May 16 th	Chapters 1,2,3 Quiz and DB per chapter.		
Week 2 May 23 rd	Chapters 4,5,6 Quiz and DB per chapter.		
Week 3 May 30 th	Chapter 8,9 Quiz and DB per chapter. Paper due Thursday by 11:59		
Week 4 June 6 th	Chapters 11,12,13 Quiz and DB per chapter.		
Week 5 June 13 th	Chapters 15,16, Final Quiz and DB per chapter.		
Week 6 June 20 th	EXAM taken online due Thursday by 11:59pm		
Week 7	Course ends June 26 th		

Due to unforeseen happenings, it may be necessary for the course assignment schedule to be altered. I will always strive to be fair about any changes.

The College of Central Florida is committed to helping you succeed and achieve your academic, personal and career goals. There are a wide range of resources and support services available to you. When you connect to resources and support systems on campus early, you are much more likely to be successful in your classes and complete your path more quickly. One example is through an Early Support Program, where you may receive an email indicating your professor or advisor is reaching out directly to help connect you to support services. This may include connecting you to tutoring, financial support, psychological support services, and disability services just to name a few. Be aware, you can also reach out to these services on your own as well. Additionally, we offer free tutoring, disability services, a testing center, and many other resources which are all available to you. [Please refer to the College Resources, Dates, and Policies document in your Canvas course to learn more about these supports and policies.](#)